



AIS Pastoral Care Conference Rising to the Challenge of Creating Mentally Healthy Schools

Friday 6th August 2010
Mercure Hotel Sydney Airport

KEYNOTE SPEAKERS

Professor Ian Hickie

Executive Director
**Brain & Mind Research
Institute**
University of Sydney

Mark Le Messurier

Educationalist, teacher,
author, presenter
Fullarton House
South Australia

Ms Jo Mason

National Coordinator
Strategic Development
MindMatters Australia

Janice Atkin

Reach Out Program
Manager
Inspire Foundation

Matthew Johnstone

&

Nic Newling

Black Dog Institute
Prince of Wales Hospital



There is increased awareness that schools can engage in deliberate strategies to build secure and supportive environments; and promote attitudes and behaviours which enhance mental health and wellbeing. This notion is supported by Goal 2 of the Melbourne Declaration.

During this one day conference participants will explore research and pastoral pedagogies that assist schools to create settings which allow young people to achieve their full potential in terms of both learning and wellbeing. It is an important professional development activity for anyone involved in a pastoral care role in schools, and indeed for all members of the school community who are interested in the health and wellbeing of our young people.

For more information please go to www.aisnsw.edu.au/pd



Program

AIS Pastoral Care Conference Rising to the challenge of creating mentally healthy schools

August 6th 2010

8:30am – 9:00am	Registration	
9:00am – 9:05am	Welcome	<i>Jo McLean</i>
9:05am – 10:20am	Rising to the challenge of creating mentally healthy schools	<i>Professor Ian Hickie</i> Brain & Mind Research Institute
10:20am – 11:20am	MindMatters - whole school approach to mental health	<i>Jo Mason</i> National Coordinator Strategic Development
11:20am – 11:45pm	Morning Tea	
11:45pm – 1:00pm	Workshop Session	
	1A – School Stories 'Use another word' and Working towards combating cyberbullying in schools and Addressing Body Image through the Butterfly Foundation	<i>Wayne Cox</i> Newington College <i>Frances Booth</i> Ascham <i>Katy John</i> St Andrew's Cathedral School and <i>Ruth Sugden</i> The Butterfly Foundation
	1B – The low-down on the ups and downs of mood disorders	<i>Janice Atkin</i> Reach Out Programme Manager Inspire Foundation
	1C – MindMatters - Title to be confirmed	<i>Jo Mason</i> National Coordinator Strategic Development
	1D – Do you know who I am?	<i>Shannon Warren</i> Head of Senior School Seymour College SA
1:00pm – 2:00pm	Lunch	
2:00pm – 2.45pm	The Black Dog at School	<i>Matthew Johnstone & Nic Newling</i> Black Dog Institute
2:45pm – 3.45pm	Supporting 'Tough Kids' in the school environment	<i>Mark Le Messurier</i> Teacher, author & education consultant
3:45pm – 4:00pm	Close	

AIS Pastoral Care Conference 2010

Rising to the Challenge of Creating Mentally Healthy Schools

Course Date: Friday, August 6, 2010

Time: 8:30 for 9:00am - 5:00pm

Venue: Mercure Hotel Sydney Airport, 20 Levey Street, Arncliffe

Parking: Metered parking on street, hotel parking available for a fee

Target Group: Executive staff responsible for Pastoral Care, directors of Pastoral Care, stage/level co-ordinators, year co-ordinators, heads of house, class tutors, heads of PDHPE, teachers with an interest in student health and wellbeing

Cost: \$250
(Includes GST) (AIS Member \$180)

Cancellation should be in writing one week prior to course to enable refund.
Your registration will be confirmed by fax after closing date

Closing Date: Friday, July 30, 2010

Registration/Tax Invoice

AIS Pastoral Care Conference 2010

Rising to the Challenge of Creating Mentally Healthy Schools

Friday, August 6, 2010

PLEASE PRINT

Given Name	Family Name	Role	Price
Any special dietary requirements:			
School		Total including GST	
		Date submitted	
Address			
Telephone:		Fax:	

Please fax this form to Cecilia Waites on (02) 9290 2274 as soon as possible and then send the form, with a cheque, to: The Association of Independent Schools, Level 12, 99 York Street, Sydney 2000

Tel: (02) 9299 2845

ABN 96003509073

Fax: (02) 9290 2274