



empowering
independent
education

Wellbeing/PDHPE Funding Opportunity 2022

Application Guidelines

Schools are invited to apply for funding of up to **\$3,000** (excluding GST) to support a Student Wellbeing and/or PDHPE based project to be implemented in 2022.

These projects are supported by funding from Transport for NSW under the School Road Safety Education Program and NSW Health under the Live Life Well @ School initiative.

1. AIMS

Research supports the concept that student wellbeing and academic progress are inextricably linked. If student wellbeing is compromised, so is learning and in turn, student academic outcomes. By focusing on student wellbeing, schools will address a broader purpose of educating students to become confident and creative individuals, successful lifelong learners, and active and informed members of the community as advocated by Goal 2 of the 2019 Alice Springs (Mparntwe) Education Declaration on Educational Goals for Young Australians.

Schools are well-placed to support students to advocate for themselves and others to enhance health, safety, physical activity and wellbeing. The focus of the 2021 Student Wellbeing/PDHPE Funding Opportunity is to develop and enhance knowledge, skills, attitudes and positive behaviours in children and young people in relation to K-12 student wellbeing.

Projects must have a focus on either road safety (primary and/or secondary) or physical activity/healthy eating (K-6 or K-12).

Please note that projects with a physical activity/healthy eating focus must have a primary component i.e. secondary schools only cannot apply.

The Student Wellbeing/PDHPE Funding Opportunity aims to:

- build the capacity of staff working in independent schools,
- demonstrate a whole-school approach to student wellbeing,
- demonstrate the link between whole-school student wellbeing and PDHPE curriculum,
- empower students to make safe choices (linked to road safety education),
- support students to take action to promote student wellbeing through road safety education or physical activity/healthy eating,
- assist schools to develop confident and creative individuals, successful lifelong learners, and active and informed members of the community,
- support a diverse range of independent schools including regional, remote, and socio-economically disadvantaged.

2. ELIGIBILITY

To be eligible for funding, schools must address the following criteria:

- promote student wellbeing through initiatives that enhance health, safety, physical activity and wellbeing,
- focus on K-12 road safety or K-6/K-12 physical activity/healthy eating,
- promote a sustainable and continuous commitment to student wellbeing,
- increase the capacity of the school and staff to enhance student wellbeing,
- demonstrate collaboration between the school PDHPE department and wellbeing staff,
- promote a whole-school approach towards road safety education or physical activity/healthy eating.

All aspects of the criteria being equal, preference of funding will be directed to regional, remote, and socio-economically disadvantaged independent schools.

Project focus areas may include, but are not limited to, the examples below tailored to meet the needs of your students and school context.

- Developing a whole-school approach to road safety or physical activity/healthy eating.
- Developing a whole-school approach to student wellbeing through the implementation of the NSW Health Live Life Well @ School initiative (must have a primary school component).
- Building the capacity of teachers to develop an effective, evidence-based Year 11 and 12 road safety education initiative delivered in-school (rather than one-off events).
- Supporting Aboriginal and Torres Strait Islander students to attain their drivers' licences through attainment of birth registration and certification in addition to PDHPE teaching and learning.
- Utilising research (supported by AISNSW consultants) to develop a whole-school approach linking physical activity to academic performance.
- Parent/carer/family education as part of a broader whole-school approach to road safety or physical activity/healthy eating.
- Integrating technology into a student wellbeing initiative and/or PDHPE unit of work related to road safety or physical activity/healthy eating e.g. virtual reality, iPads.
- Implementing a school kitchen garden and Healthy School Canteens approach with clear links to NSW curriculum.
- Reviewing and developing consistent messages and a shared language related to whole-school wellbeing approaches e.g., road safety or physical activity/healthy eating.
- Supporting students to find solutions to real world problems in the local school context in the areas of road safety or physical activity/healthy eating through project-based learning (PBL).
- Teacher release for NSW PDHPE K-10 syllabus programming support with links to road safety education or Live Life Well @ School.
- Teacher release to explore and look for opportunities to incorporate resources and skills specific to the development of the greater concept of road safety or physical activity as part of a PDHPE unit of work, year group or whole-school wellbeing scope and sequence.

All projects must include the development of teacher capacity through onsite professional learning for staff via AISNSW education consultancy (at no-cost).

3. ACCOUNTABILITY

Specific educational and financial accountability to be provided to AISNSW will include:

- Reporting of outcomes for the program. A **written report** using a proforma to be provided to successful schools must be submitted to AISNSW by **18 November 2022** following the completion of the project funded under this Program.
- **Documentation and resources** created during the project submitted to AISNSW along with the report e.g., photographs, school newsletter items, completion certificates of AISNSW self-paced learning experiences, PowerPoint presentations, units of work, scope and sequence, evidence of AISNSW professional learning.
- Schools will provide, when requested, a **financial statement** signed by a qualified accountant certifying that an amount equal to the funds received under this component have been applied for the purposes of meeting expenditure in respect to the 2021 program in accordance with conditions specified in this offer.
- All successful schools will participate in an online **symposium** at AISNSW in Term 1 2023 to showcase their project work.

4. CONDITIONS OF FUNDING

Funding projects must relate to K-12 road safety or K-6/K-12 physical activity/healthy eating.

Funding may be used for teacher release.

As a component of this funding opportunity, an AISNSW consultant will provide support to schools to facilitate the project, up to the equivalent of a **one day consultancy at no-cost**. Schools must include this time in their planning and timeline.

A maximum of 10% of the funding may be used for the purchase of resources. The funding cannot be used for the purchase of capital items or for student excursions, guest speakers or purchased programs.

K-10 physical activity/healthy eating project teams (K-12 schools) are required to complete two AISNSW Live Life Well @ School self-paced learning experiences at no-cost.

In addition, successful schools are required to meet with their local Health Promotion Officer (HPO) from NSW Health for project support.

K-6 road safety project teams are required to complete the primary AISNSW Road Safety self-paced learning experiences at no-cost.

Years 7-10 PDHPE teachers are required to complete the Stage 4 and 5 AISNSW road safety self-paced learning experience at no-cost.

Stage 6 road safety project teams are required to complete the Stage 6 AISNSW *Health Promotion on the Roads* self-paced learning experience at no-cost.

5. ASSESSMENT OF APPLICATION

An independent assessment panel will evaluate all applications before a finite number of projects are funded in 2022. Applications will need to clearly show how they will:

- promote student wellbeing through initiatives that focus on K-12 road safety or K-6/K-12 physical activity/healthy eating,
- promote a sustainable and continuous commitment to student wellbeing,
- increase the capacity of the school staff to enhance a whole-school approach to student wellbeing/PDHPE,
- design a project that is tailored to their own student needs and school context,
- demonstrate collaboration between student wellbeing and PDHPE teachers.

6. NOTIFICATION OF RECOMMENDATIONS

A funding offer document setting out the school's contractual obligations and detailing the funding amount approved will be provided once all recommendations for funding are finalised.

7. PAYMENT

AISNSW requires signed acceptance of the funding offer by the Approved Authority of the school before any payments will be made. Payment will be made directly to the school.

Should you have any questions regarding applying for this funding opportunity, please contact AISNSW Senior Consultant Wellbeing: [Nicky Sloss](#) (road safety) or PDHPE Consultant [Katrina Mostyn](#) (physical activity/healthy eating) or on 02 9299 2845.

APPLICATION SUBMISSION

Please retain a copy of your application and email a signed copy **by 5pm** on the due date to:

wellbeing@aisnsw.edu.au

No late submissions will be accepted.

5pm Friday 6 May 2022