

## SCHOOL COUNSELLORS' CONFERENCE 2024

# Counselling Connections





### **DAY 1 | 30 MAY 2024**

#AISNSWSC

9:00am - 9:30am	Welcome
9:30am - 10:30am	Feature Presentation   "The Neurosequential Model in Education: Understanding and Supporting Students Impacted by Trauma" Dr Bruce Perry, Principal, The Neurosequential Network Dr Annette Jackson, Executive Director Statewide Services, Berry Street
10:30am - 10:50am	Reflection and Networking
10:50am - 11:10am	Morning Tea
11:10am - 11:35am	Clinical Spotlight   Understanding Pathological Demand Avoidance Emma Spencer, Principal Clinical Psychologist, Spencer Health
11:35am - 12:35pm	Feature Presentation   Social Media and Suicide Prevention in School Settings Dr Louise La Sala, Research Fellow at Orygen, Centre for Youth Mental Health at the University of Melbourne
12:35pm - 12:55pm	Reflection and Networking
12:55pm - 1:55pm	Lunch
1:55pm - 2:10pm	Illustrations of Counselling Practices
2:10pm - 2:25pm	Reflection and Networking
	The restriction and receiver king
2:25pm - 3:25pm	Feature presentation   Four Things All Children (and grown-ups) Need to Know About Feelings Dr Suzanne Barrett, Clinical Psychologist, Creative Child Therapy Workshops Dr Fiona Zandt, Clinical Psychologist and Registered Play Therapist, Creative Child Therapy Workshops



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### DAY 2 | 31 MAY 2024

#AISNSWSC

9:00am - 9:30am	Welcome
9:30am - 10:30am	Feature Presentation   Let's Shift the Paradigm to Focus on School Attendance! The Counsellor's Role Within a Multi-Tiered System of Supports (MTSS) Framework Dr Patricia Graczyk, Associate Professor of Clinical Psychology in the Department of Psychiatry, University of Illinois Chicago
10:30am - 10:50am	Reflection and Networking
10:50am - 11:10am	Morning Tea
11:10am - 11:35am	Research Spotlight   My Mind Check Hilary Tucker, Clinical Product Manager, My Mind Check, Macquarie University
11:35am - 12:35pm	Feature Presentation   Learning, Behaviour, Regulation - Bringing Neuroscience into Pedagogy to Support Whole Child Development Karen Young, Consultant, Hey Sigmund
12:35pm - 12:55pm	Reflection and Networking
12:55pm - 1:55pm	Lunch
1:55pm - 2:10pm	Illustrations of Counselling Practices
2:10pm - 2:25pm	Reflection and Networking
2:25pm - 3:25pm	Feature Presentation   Beyond 'Self-Care Sunday': 4 Pillars of a Thriving Mental Health Professional  Dr Rebecca Branstetter, School Psychologist and Founder, Thriving Students Collective
3:25pm - 3:30pm	Close