



Building Belonging | Cultivating Connection

AISNSW K-12 WELLBEING CONFERENCE



Register today! 

 Friday 5 April, 2024

 Manly Pacific

#AISNSWWellbeing

8.30am - 9.00am	Registration Level 1 Foyer			
Interspersed through the day	Pop-Ups of Practice <i>Hear short snippets of information designed to provide practical ideas about impactful wellbeing strategies that may be adapted for and implemented in different school contexts.</i>			
9.00am - 9.10am	Acknowledgement of Country & Conference Welcome Pacific Ballroom			
9.10am - 9.30am	Opening Address Emeritus Professor Donna Cross Pacific Ballroom			
9.30am - 10.30am	Masterclass Insights Pacific Ballroom Dr Emily Berger Assoc. Prof Rebecca Collie Dr Annie Gowing <i>Led by experts in their field, these concise and focused presentations provide a summary of key information, allowing participants to decide which aspect of wellbeing they may choose to explore in more depth through the Masterclass Workshop.</i>			
10.30am - 10.45am	Ministerial Address The Hon. Rose Jackson Pacific Ballroom			
10.45am - 11.10am	MORNING TEA AND EXHIBITORS Level 1 Foyer & Balcony			
11.10am - 12.00pm	Masterclass Workshops <i>The Masterclass Workshops offer an immersive learning experience designed to provide in-depth knowledge, insights and practical skills focused on particular aspects of wellbeing. (Please see attached Masterclass Workshop descriptions).</i>			
	Dr Emily Berger Freshwater Room	Associate Professor Rebecca Collie Narrabeen Room	Dr Annie Gowing Fairy Bower	
12.00pm - 12.30pm	Spotlights on Wellbeing Research <i>Key specialised knowledge about current wellbeing research is highlighted with an emphasis on translating research into practice.</i>			
	Australia Education Research Organisation (AERO) Freshwater Room	Mission Australia (Student Voice) Narrabeen Room	AISNSW Community Cohesion Shelley Beach	Black Dog Institute Fairy Bower
12.30pm - 1.00pm	Illustrations of Wellbeing Practice <i>Discover the practical skills and real-world application of a fellow Independent school's approach to wellbeing - the opportunities, the challenges and how these have been overcome, as well as actionable takeaways.</i>			
	Pymble Ladies College Freshwater Room	Nambucca Valley Christian Community School Narrabeen Room	St Phillip's Christian College Shelley Beach	Knox Grammar School Fairy Bower
1.00pm - 1.45pm	LUNCH BREAK AND EXHIBITORS Level 1 Foyer & Balcony			
1.45pm - 2.45pm	Feature Presentation Dr Denise Quinlan Pacific Ballroom			
2.45pm - 3.00pm	Conference Close Pacific Ballroom			
3.00pm - 5.00pm	AISNSW Wellbeing Network Connection Point (optional) 55 North, Ground Floor <i>All are welcome to join us at 55 North, the bar on the Ground floor of the Hotel, at the end of the conference. Come along to connect with other members from the Wellbeing Network Group. For those who would like to know more about the Network Group - we'd love to see you there too!</i>			



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KEYNOTE PRESENTERS

Dr Emily Berger | Senior Lecturer and Psychologist, Monash University

Evidence-based whole-school trauma-informed practice in Australian schools

Trauma-informed practice has grown significantly in Australian schools over the past decade. Unfortunately, there is limited evidence supporting best practice, evidence-based, trauma-informed approaches in Australia and internationally. Dr Berger will draw together leading evidence from the field and provide practical examples for leaders, teachers and staff seeking to establish whole-school trauma-informed practice in Australian schools. The audience will walk away with a clearer understanding of the current evidence supporting school trauma-informed practice, current gaps in our understanding, and what the evidence tells us about implementing systemic, whole-school trauma-informed practice.

Associate Professor Rebecca Collie | Scientia Associate Professor of Educational Psychology, UNSW
Thriving Together: Strategies for Student and Teacher Wellbeing

Over the past decade, recognition has grown rapidly about the importance of wellbeing and its implications for student development, teacher functioning, and school success. In this talk, Associate Professor Collie will delve into the topic of student and teacher wellbeing. She will draw on the latest research to highlight their interconnectedness, and links with other important outcomes. In the follow-up workshop, Associate Professor Collie will transition from theory to practice by combining research-backed insights with practical implementation. She will discuss actionable strategies tailored for schools and teachers to foster a culture of wellbeing within educational settings.

Dr Annie Gowing | Senior Lecturer & Coordinator of Master of Education, The University of Melbourne
School + Connectedness: A key equation in promoting student wellbeing

Dr Gowing will explore how connectedness to school is understood in the scholarly literature and how students and teachers understand this concept. The presentation will also clarify how it differs from belonging and how it is influential in educational policy in many jurisdictions, both nationally and globally. Its meanings are embedded within the broader framework of wellbeing which in itself is a contested concept, albeit widely used and applied in schools. The move from theoretical understandings to implications for schools in terms of actions will be considered.

ais nsw AISNSW STUDENT SERVICES SYMPOSIUM 2024 NSW Regional Locations

Your choice of 3 beautiful locations in regional NSW areas

Ballina 21-22 May • Dubbo 4-5 June • Wagga Wagga 18-19 June #AISNSWSS

Click for details of the AISNSW Student Services Symposium 2024