



The Association of  
**Independent Schools**  
of New South Wales

Belmont Christian  
College



## AISNSW PDHPE and Sport Professional Learning 2025

Welcome to the AISNSW PDHPE and Sport community. We look forward to working with you in 2025.



### AISNSW PDHPE Conference 2025 – Empower, Engage, Elevate.

**Friday 15 August 2025**

CONFERENCE EVENT at Novotel and Sports Halls, Sydney Olympic Park



### AISNSW Sport Leadership Conference 2025 – School Sport – What's your Strategy?

**1-2 September 2025**

CONFERENCE EVENT at Rydges Resort, Hunter Valley

### Biomechanics and Exercise Physiology Lab: Bringing Theory to Life

**Friday 4 April 2025**

PRACTICAL LAB at Blacktown Exercise Sports and Technology Hub

### Have you joined our AISNSW PDHPE Networks?

Join our professional networks for PDHPE leaders in Independent schools to connect with colleagues, stay updated on curriculum changes and share best practices.

**AISNSW PDHPE K-6 Network**

**AISNSW Heads of PDHPE 7-12 Network**

## All PDHPE and Sport Professional Learning

Term 1 →

#### AISNSW Heads of PDHPE 7-12 Network

**Tuesday 25 February**  
3:45pm - 4:45pm  
ONLINE

#### AISNSW PDHPE K-6 Network

**Tuesday 4 March**  
3:30pm - 4:15pm  
ONLINE

#### Biomechanics and Exercise Physiology Lab: Bringing Theory to Life

**Friday 4 April**  
9:30am - 3:00pm  
PRACTICAL LAB | Blacktown Exercise Sports and Technology Hub

# All PDHPE and Sport Professional Learning

## Term 2 →

### AISNSW Heads of PDHPE 7-12 Network

Monday 5 May  
3:45pm - 4:45pm  
ONLINE

### Navigating the New PDHPE K-6 Syllabus: Planning and Programming

Monday 12 May  
9:00am - 3:00pm  
FACE-TO-FACE

### Unpacking the New PDHPE 7-10 Syllabus: Planning and Programming

Tuesday 20 May  
9:00am - 3:00pm  
FACE-TO-FACE

### Year 12 Health and Movement Science: Planning and Programming

Monday 2 June  
9:00am - 3:00pm  
FACE-TO-FACE

## Term 3 →

### AISNSW PDHPE K-6 Network

Thursday 24 July  
3:30pm - 4:15pm  
ONLINE

### AISNSW Heads of PDHPE 7-12 Network

Wednesday 30 July  
3:45pm - 4:45pm  
ONLINE

### PDHPE K-6: Respectful Relationships Education

Friday 8 August  
9:00am - 3:00pm  
FACE-TO-FACE

### AISNSW PDHPE Conference 2025 – Empower, Engage, Elevate.

Friday 15 August  
9:00am - 4:00pm  
CONFERENCE | Novotel and Sports Halls, Sydney Olympic Park

## Term 3 →

### PDHPE 7-10: Respectful Relationships Education

Thursday 21 August  
9:00am - 3:00pm  
FACE-TO-FACE

### AISNSW Sport Leadership Conference 2025 – School Sport – What's your Strategy?

1-2 September  
CONFERENCE | Rydges Resort, Hunter Valley

## Term 4 →

### AISNSW Heads of PDHPE 7-12 Network

Tuesday 21 October  
3:45pm - 4:45pm  
ONLINE

### Road Safety in the New PDHPE 7-10 Syllabus Webinar

Wednesday 29 October  
3:45pm - 4:45pm  
ONLINE

## Term 4 →

### Road Safety in the New PDHPE K-6 Syllabus Webinar

Thursday 30 October  
3:45pm - 4:45pm  
ONLINE

## Self Paced Courses →

### Navigating the New PDHPE K-6 Syllabus: Planning and Programming

Available from 29 August to 12 December  
SELF-PACED

### Unpacking the New PDHPE 7-10 Syllabus: Planning and Programming

Available from 29 August to 12 December  
SELF-PACED

### Road Safety Ready K-6

SELF-PACED

## Self Paced Courses →

### Developing Action Plans for Safe and Active Travel – On-demand Webinar

Available from 28 April to 3 December  
SELF-PACED

### Boys and Road Safety: A Strength-based Approach – On-demand Webinar

Available from 13 October to 3 December  
SELF-PACED

### Year 11 Health and Movement Science: Road Safety Depth Study – On-demand Webinar

Available from 17 October to 3 December  
SELF-PACED

For all PDHPE enquiries, please contact [Katrina Mostyn](#), Education Consultant: Teaching and Learning

