



AISNSW 2025 SCHOOL  
COUNSELLORS' CONFERENCE

# The Kaleidoscope of Human Experience

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Thursday 14 August, 2025



Deckhouse, Woolwich

#AISNSWSC

8:30am – 9:00am	REGISTRATION & CONNECTION		
9:00am – 9:10am	Acknowledgement of Country & Conference Welcome   Harbourview & Dockside Rooms		
9:10am – 9:55am	Feature Presentation   Harbourview & Dockside Rooms Dr Sophia Drysdale, Clinical Psychologist, The Kidman Centre UTS		
9:55am – 10:55am	Spotlights on Mental Health   Harbourview & Dockside Rooms Led by experts in their field, these concise and focused presentations provide specialised knowledge about current mental health trends with an emphasis on translating research into practice.		
10:55am – 11:15am	MORNING TEA		
11:15am – 12:35pm	MASTERCLASS WORKSHOPS: SESSION ONE The Masterclass Workshops offer an immersive learning experience designed to provide in-depth knowledge, insights and practical skills.		
	Harbourview Room	Dockside Room	Upper Deck
	Overcoming Overwhelm: Practical Distress Tolerance Skills for Young People Dr Madeline Wishart	From Ambivalence to Action: Motivational Interviewing in Schools Dr Stan Steindl	Empowering Neurodivergent Students: Becoming a Neurodiversity-Affirming School Counsellor Sarah-Jane Silvester
12:35pm – 1:15pm	LUNCH		
1:15pm – 2:35pm	MASTERCLASS WORKSHOPS: SESSION TWO The Masterclass Workshops offer an immersive learning experience designed to provide in-depth knowledge, insights and practical skills.		
	Harbourview Room	Dockside Room	Upper Deck
	Overcoming Overwhelm: Practical Distress Tolerance Skills for Young People Dr Madeline Wishart	From Ambivalence to Action: Motivational Interviewing in Schools Dr Stan Steindl	Empowering Neurodivergent Students: Becoming a Neurodiversity-Affirming School Counsellor Sarah-Jane Silvester
2:35pm – 2:55pm	AFTERNOON TEA		
2:55pm – 3:45pm	Panel   Harbourview & Dockside Rooms Explore legal and ethical considerations for effectively navigating your rights and obligations in your role as School Counsellor.		
3:45pm – 4:45pm	Feature Presentation - Supervision through the Kaleidoscope: Sustainable Practices   Harbourview & Dockside Rooms Dr Mark Donovan, Clinical Psychologist / Trainer, Reflective Supervision Team		
4:45pm – 5:00pm	Conference Close   Harbourview & Dockside Rooms		