Provided below is a curated selection of services and supports available for schools.

**Whole-School: Proactive / Preventative Approaches**

“I’d like to explore what approaches and frameworks my school can develop and implement to promote whole-school wellbeing in my school community.”

**Professional Learning**
- **Compass: Navigating Whole-School Wellbeing**
  A 12-18 month initiative supporting schools to review and renew whole-school wellbeing.
- **Suicide Prevention Training: (provided by LivingWorks)**
  Part of the NSW Government’s Mental Health Recovery funding, schools may access a range of suicide prevention training options with a focus on secondary school settings.
- **Suicide Postvention Planning (provided by Be You)**
  Designed to support school teams to develop a suicide response plan to complement a school’s existing policies and provide a thoughtful and organised response following a death by suicide.
- **Wellbeing Conference**
  The 2022 conference, Along for the ride, will highlight the latest research, resources and ideas to promote whole-school wellbeing. 9 September 2022 – Luna Park
- **School Counsellors’ Conference**
  The 2022 theme, Growing Stronger Together, invites delegates to reflect on the opportunity to develop strength following adversity. 26 and 27 May 2022 – Online event

**Resources and Planning Tools**
- **Podcast series: Wellbeing**
  A compilation of 12 wellbeing podcast episodes for wellbeing teachers and leaders to support a whole-school approach for wellbeing. Each episode is designed to spark interest, affirm existing, evidence-based practice and stimulate new ideas.
- **Newsletter: “Wellbeing News”**
  Distributed each term, Wellbeing News is available for teachers and provides up to date information and signposts to practical resources.
- **Wellbeing Literature Review 2021**
  An overview of the different approaches to wellbeing over the past decade which identifies the most effective ways to support student wellbeing in schools.
- **Principles of Practice to Support Student Wellbeing**
  A briefing paper that details the considerations for schools when supporting the wellbeing and mental health of all students through education, prevention, early identification, intervention and ongoing support.

**Networks**
- **Wellbeing**
  Held in Week 3 each term, these meetings provide an opportunity for wellbeing leaders to engage in professional discourse and learning and share their practice and approaches to wellbeing.
- **School Counselling**
  Facilitated in Week 5 each term, these meetings are specifically designed to support those in school counselling roles by providing an opportunity for them to connect with each other and share input across a range of pertinent topics.
Individual Student Matters: Responsive Support

“I’m seeking advice and support for a student whose mental health needs are increasing. The student is not responding to the current supports and adjustments.”

“There has been a critical incident at my school, and I want to know what supports are available.”

Advice and Consultancy Support

• Responding to critical incidents, such as student death by suicide.
• Personalised planning related to student matters.
• Undertaking a school Risk Assessment and Safety Planning.
• Collaborating with external mental health specialists.

Professional Learning

• Undertaking a school Risk Assessment.
• Safety planning for an individual student.
• Refining school’s referral pathways and processes.

Resources and Planning Tools

• Fact Sheets and Planning Proformas
  Guidance focused on identifying actions and adjustments to ensure meaningful participation and to reduce barriers for participation to best meet students’ needs. This includes a focus on individual planning and undertaking a school risk assessment.
  • Case studies, with accompanying sample plans
    A series of case studies with accompanying sample plans are available to highlight application of the planning process for students with diverse needs.

Guidance Document for School Leaders

• School Counselling: Informed Consent and Storage and Disclosure of Information
  Designed to assist school leaders with facilitating the effective operation of school counselling with a focus on consent and storage of documentation, policies and procedures, as well as contractual considerations.

Who to contact?

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