

Be You Contacts NSW/ACT

If your school is currently responding to, or recovering from, a suicide or attempted suicide please contact:

0475 838 049

Rachel Jewell, *Be You State and Territory Manager NSW/ACT* rjewell@headspace.org.au

To discuss emerging risks you are noticing, or to enquire about postvention planning for schools, please contact:

Keeva Mostyn, Clinical Lead ACT, Western NSW, Murrumbidgee, South Eastern NSW, Northern Sydney,
kmostyn@headspace.org.au North Coast
 0429 109 500

Angelina Smith, Clinical Lead Central and Eastern Sydney, South Western and Western Sydney, Hunter New
asmith@headspace.org.au England and Central Coast, Nepean Blue Mountains.
 0436 380 487

If you are seeking support with the Be You initiative or have enquiries about upcoming local events or learning networks, please contact your Be You Consultant:

Region	Be You Consultant	Phone	e-mail
ACT (ACT Co-ordinator)	Amy Fratturo	0447 927 930	afratturo@headspace.org.au
Sydney, Inner West and Eastern Suburbs	Melinda Phillips	0448 385 324	mphillips@headspace.org.au
South Sydney, St George and Sutherland Shire	Angelina Smith	0436 380 487	asmith@headspace.org.au
Central Coast and Hunter Valley	Chloe Ryan	0448 642 599	cryan@headspace.org.au
New England, Manning, Far West and Orana	Ami Raman	0475 816 488	araman@headspace.org.au
Murrumbidgee, Central West	Sheralee Fordham	0400 606 812	sfordham@headspace.org.au
Western Sydney	Ziyad Serhan	0407 968 419	zserhan@headspace.org.au
North Coast	Katie Dean	0436 033 261	kdean@headspace.org.au
Nepean Blue Mountains (Team Lead)	Emily Schultz	0448 365 871	eschultz@headspace.org.au
Northern Sydney	Lucy Sargent	0438 236 086	lsargent@headspace.org.au
South Western Sydney	Barbara Taylor	0418 851 650	btaylor@headspace.org.au
Illawarra, Upper Shoalhaven (Team Lead)	Nicole Flatley	0439 660 360	nflatley@headspace.org.au
Lower Shoalhaven, South Coast, Snowy Monaro	Keeva Mostyn	0429 109 500	kmostyn@headspace.org.au
Bushfire Recovery Program	Renae Pettit Elise Taylor	0428 094 610 0429 148 681	rpettit@headspace.org.au etaylor@headspace.org.au