

Monitor, Evaluate and Review

Staff Wellbeing



Guidance: Monitoring, Evaluating and Conducting a Review of the Staff Wellbeing Action Plan

It is important to regularly monitor, evaluate and review whole-school approaches to staff wellbeing. This will highlight successes, that should be celebrated, and areas which may need to be modified. Annual surveys help to capture a baseline and then measure annual success of strategies and the program. Time, effort, resources and identifying what worked well for which staff members all needs to be captured. This data will highlight future actions.

(Cross & Lester, 2020)

Staff Wellbeing Program

Documenting a Staff Wellbeing Program can assist in evaluating each activity or initiative. Mapping out events throughout the year and considering periods of increased workload can help identify initiatives that may serve as protective factors during these times.

Date	Activity/Initiative	People involved	Cost	Evaluation	Link to Whole-school Approach	Continue next year
Term 1 Week 6 Tuesday Recess	Welcome Morning Tea	All new staff and their mentors	\$7.50/per person covered by school catering budget	Mentor to seek feedback from their buddy and pass on to wellbeing team	Building connection	<input type="checkbox"/> Include welcome by principal next year

Template

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