Escalation Cycle of Behaviour Planning Tool

Purpose:to support understanding of a student’s escalating behaviour sequences and to identify the most appropriate strategies to de-escalate the behaviour. The Escalation Cycle of Behaviour Plan is used in conjunction with the strategies described in the Behaviour Support Plan.

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| Student Name: |  |  | **Date of Plan:** |  |

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| Calm:  On Task | Escalation 1:  Anxiety / Agitated | Escalation 2:  Defensive / Verbals | CRISIS | De-escalation | Recovery |
| Behaviour: | Behaviour: | Behaviour: | Behaviour: | Behaviour: | Behaviour: |
| Triggers: | Triggers: | Triggers: | Triggers: |
| Strategies: | Strategies: | Strategies: | Strategies: | Strategies: | Strategies: |